

Our range of products:

"Color Line" forearm crutches with ergonomic grip
"Color Line" forearm crutches with ergonomic soft grip
"Color Line" forearm crutches with anatomic grip
"Color Line" forearm crutches with anatomic soft grip
"Color Line" forearm crutches for children
Light metal forearm crutches with ergonomic grip
Light metal forearm crutches with alternative grip
Steel forearm crutches
Custom-made forearm crutches
Arthritis crutches
Light metal underarm crutches
Beech underarm crutches
Star-shaped walking aids
Light metal walking sticks
Foldable Light Metal Walking Stick
Wooden walking sticks
Grips and padded parts
Ice caps, suction caps and adhesive pads
Arthrodesis Chair Cushion
Kowa Chair Cushion
Cork blanks for insoles
Padded insoles
Soft rubber leather insoles
Leather insoles with plastic reinforcement
Orthopedic blanks
and first-class service ...



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Safety tips for patients: Watching your step.



Your supplier:

Kowsky

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1 General Tips

- Let your supplier or nursing staff show you how to use your walking aid.
- Ask your supplier or nursing staff to show you the correct fitting.
- Make sure you use your walking aid correctly. If you are not sure, ask your supplier!
- Before use, check the following points on your walking aid:
 - If your walking aid has a push button, make sure the push button (Fig. A) appears through its slot properly when you have adjusted the length!
 - If your walking aid has a clip, make sure the plastic clip sits correctly when you have adjusted the length!
 - All screw parts must be screwed tightly!
 - The suction cap must not be too worn down! If the cap shows great signs of wear, ask your supplier or nursing staff to replace it!
 - If damages can be seen on your walking aid, contact your supplier or nursing staff!

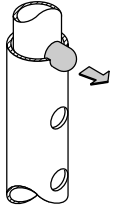


Fig. A

- Now and again check whether all screw parts are tight!
- Be extremely careful on wet, icy or uneven ground. You can also slip out on wet tiles!
- When walking, the walking aid must touch the ground in an upright position as possible (Fig. B <Correct>)! Never use the walking aid too far away from your body (Fig. B <Incorrect>) as you might fall!

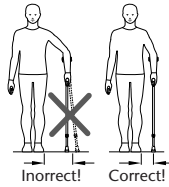


Fig. B

- When walking with your aid, hold the handle of your walking aid firmly in your hand!
- Should you happen to fall: Let the walking aid slip to the side so that you do not fall on top of it!
- If possible, let a qualified person show you how to use your walking aid when climbing steps or stairs.
- If possible, only climb steps or stairs when accompanied and supported by someone so that they can catch you should you fall!

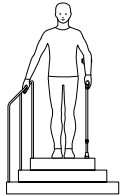


Fig. C

- If you use one walking aid and you are climbing steps or stairs (Fig. C), hold onto the railing tightly with your free hand!
- If you use two walking aids and you are climbing steps or stairs, hold both walking aids in the one hand (as shown in Fig. D) and hold onto the railing tightly with your other hand!

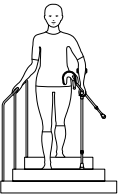


Fig. D

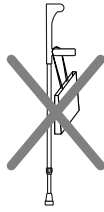


Fig. E

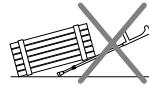


Fig. F

WARNING!

Steps without any railings are dangerous areas! You should be extremely cautious when in such areas!

- Do not hang handbags, carrier bags or other objects from your walking aid (Fig. E)!
- Walking aids help you walk and must only be used for this purpose. It must not be used, for example, to lever or move furniture (Fig. F)!
- No mechanical alterations may be made to the walking aids. For reasons of liability, we can no longer guarantee absolute safety when using our walking aids! For the same reason, only original spare parts and accessories must be used!
- Do not expose your walking aid to direct sunlight over a longer period of time!
- If you do not use your walking aids for some time, they may only be used again if they are first checked by a qualified person!

Original spare parts and accessories are available for the entire range of Kowsky walking aids! Contact your supplier if you need spare parts, accessories or repairs!

Faulty and old walking aids are not to be thrown away in the household waste! Contact your local authorities or waste disposal company about their disposal!

2 Specific Instructions for Users of Foldable Light Metal Walking Sticks

- Check the correct fitting of the individual segments prior to every use. In case the segments detach when pressure is relieved, please contact your dealer. The folding cane is under tension!
- The individual segments are held together by a rubber spring on the inside. Tractive and clamping forces might occur when folding the cane.

3 Use

Our walking aids are used for very different reasons and their use depends on how restricted a person is in walking! You are shown how to use our walking aids by qualified persons!

4 Ice and Snow

- Avoid ground covered by snow or ice if your walking aid is not equipped with our snow or ice caps!

5 If something is wrong....

If something has become loose on your walking aid or fallen off it or if a setting is no longer correct, contact your supplier or, if necessary, the nursing staff about this.

6 Cleaning your walking aid

WARNING!

Never clean the handle or cap with oily substances (Fig. G)! You run the risk of slipping! If your walking aid is dirty, you can clean it with a soft cloth dipped in a mild cleansing agent.



Fig. G

Note:

If disinfection proves necessary, a suitable disinfectant is "TERRALIN" produced by Schülke & Mayr GmbH, D-22840 Norderstedt! Please follow the manufacturer's instructions when using this product.

7 Adjusting your walking aid

Walking aids may only be adjusted to the correct fitting by qualified persons. If walking aids are adjusted incorrectly, it might not be possible to use them properly or you may find that using them strains you too much!

Your walking aids are in perfect condition when you receive them and are adjusted individually to suit your needs by your supplier or nursing staff. If you are unsure about this, please contact them. They will be glad to assist you!

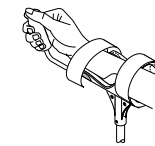


Fig. H

Setting on arthritis crutch:

Make sure that you feel only slight pressure from the velcro (Fig. H) on your lower arm!